

March 20, 2024 | Morgantown Marriott at Waterfront Place

8:30-9:00 AM	Breakfast
	Registration Table Open
9:00-9:15 AM	Melanie Page, Ph.D., Associate VP for Creative and Scholarly Activities, West Virginia University and Director, NASA WV Space Grant Consortium
9:15 – 10:30 AM	Session 1 Reclaiming Spaces: The Implications for "Imposter Syndrome" The spaces we often work in were specifically designed for men who historically did not face the same issues as working women do. One result of this is that women often question their abilities or right to be at the table (often dubbed Imposter Syndrome), but recent work is redirecting those feelings towards the system away from the individual. Hear from several women in leadership positions as to how they have navigated these complex issues. • Lisa DeFrank Cole, EdD, Director and F. Duke Perry Professor in Leadership Studies, West Virginia University Moderator
	 Karen Kettler, Ed.D., Dean, College of Sciences, Professor of Biology, West Liberty University Lupe Davidson, Ph.D., Associate Dean for Faculty, Eberly College, West Virginia University Jessica Deshler, Ph.D., Interim Director, Professor, Assistant Dean for Graduate Studies in the Eberly College of Arts and Sciences, West Virginia University
10:30 – 10:45 AM	Break Networking

10:45-11:45	Session 2 Women in Primarily Male Occupied Workspaces Research suggests that women face unique challenges in the workplace and that women who are one of only a few women in a company or on a team may face unique challenges. Come and hear from a panel of women from diverse industries that have historically been male dominated. • Elizabeth Vitullo, Ph.D., Assistant Dean of Strategic Initiatives, West Virginia University Moderator • Joelle Spagnuolo-Loretta, NASA IV&V Project Manager, National Aeronautics and Space Administration • Jeanne King, Innovative Partnership Specialist, Technology Manager, and Software Release Authority, Glenn Research Center, NASA Technology Transfer Program • Melanie Hall, Distribution Tech Supervisor, Monongahela Power
12:00-1:00 PM	Lunch Networking
1:00-2:00 PM	Session 3 Explore Your Strengths Learn more about CliftonStrengths®, a science-based tool for you to utilize on your journey of purpose. Learning your top strengths will give you insight into your unique talents. By leaning into your strengths, you'll be able to grow and develop your skills to help you continue to pursue the things you're passionate about as you build community. • Cate Schlobohm , Outreach & Programming Manager, WVU Purpose Center, West Virginia University
2P:00-3:00 PM	Session 4 Reduce Stress and Increase Joy with Emotional Freedom Technique Women do it all— working, parenting, volunteering, and caring for others. No wonder we're stressed! Over time, this physical and emotional stress contributes to issues including fatigue, weight gain, anxiety, burnout, and other health concerns. Release stress, rebuild your energy reserves, and rediscover your innate joy through Emotional Freedom Technique (EFT). Known as "Tapping," EFT reprograms the body's response to stress while allowing us to release negative emotions. Join in and feel the amazing difference that EFT produces. • Jennifer (Jenny) Douglas, Ph.D., Dean, Graduate Studies and Research Research and Academic Excellence at American Public University System and Founder, Being Human, LLC